

Meals Allergen Notification Sheet



Meal/Product	Sesame Seeds	Tree Nuts	Peanuts	Soy	Lupin	Sulphites	Shellfish Fish	Milk	Egg	Wheat	Halal Suitable
Bite! Pie Mince 170gm				✓	✓			✓	✓	✓	
Bite! Pie Chicken 170gm	✓	✓		✓	✓				✓	✓	
Bite! Mince and Cheese	✓	✓		✓	✓			✓	✓	✓	
Bite! Steak & Cheese	✓	✓		✓	✓			✓	✓	✓	
Sausage Roll*	✓	✓		✓	✓	✓			✓	✓	
Bite! Double Happy Sausage*	✓	✓			✓	✓		✓	✓	✓	
Bite! Snack Quiche Spinach	✓	✓		✓	✓			✓	✓	✓	✓
Bite! Snack Quiche Bacon	✓	✓		✓	✓			✓	✓	✓	
Butter Chicken Samosa		✓	✓	✓				✓		✓	
Bite! Vegetable Samosa		✓	✓	✓						✓	✓
Bacon & Egg Slab	✓	✓		✓	✓			✓	✓	✓	
Bite! Mac & Cheese	✓	✓		✓	✓			✓		✓	✓
Bite! Fish Pie	✓	✓		✓	✓		✓	✓		✓	✓
Bite! Bacon Mac & Cheese				✓				✓		✓	
Bite! Beef Lasagne	✓	✓		✓		✓	✓			✓	
Bite! Vegetable Lasagne			✓	✓	✓			✓	✓	✓	✓

**Nutritional Information/Recipes for all products available upon request.
If you have an allergy, please notify our staff.**

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Bite! Cottage Pie	✓	✓	✓	✓	✓		✓		✓	✓	
Chicken Sandwich (grain) Sandwich	✓	✓		✓	✓	✓	✓			✓	✓
Chicken White Sandwich				✓	✓	✓	✓			✓	✓
Ham White Sandwich				✓	✓	✓	✓			✓	
Ham Sandwich Grain	✓	✓		✓	✓	✓	✓			✓	
Garlic Bread	✓	✓		✓	✓	✓	✓			✓	✓
Chicken Sub	✓	✓		✓	✓	✓	✓			✓	✓
Chicken Burger	✓	✓		✓	✓	✓	✓			✓	✓
Beef Burger	✓	✓		✓	✓	✓	✓			✓	
Hot Dog	✓	✓		✓	✓	✓	✓			✓	✓

*Prepared in a Kitchen to Where other allergens are Present.

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Reviewed June 2020